

# October 2022 Activities Calendar: Bundaleer Care Home

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>31 <b>10:30am Sing Australia Concert</b> 1:30pm Card games with Linda from Each 2:00 Ice Cream Trolley 4:30 Individual Support</p>	<p><b>BIG Breakfast every Tuesday</b></p> 		<p>October Birthdays Eva K 1<sup>st</sup> October Roberta E 5<sup>th</sup> October Robert M 10<sup>th</sup> October Richard Z 14<sup>th</sup> October Robert S 22<sup>nd</sup> October Thomas F 29<sup>th</sup> October Rose L 31<sup>st</sup> October</p>		<p>1 9:00 Garden Walk 9:30 Pampering 11:30 Individual Support 2:00 Bingo 3:30 Reading Group 4:30 Individual Support</p>	<p><b>2<sup>nd</sup> October 2022 7:30 pm Grand Final for the Rugby League,</b> 9:00 Garden Walk 10.30 Salvation Army Church service 11:30 Individual Support 2:00 Virtual Concert in Theatre 4:30 Individual Support</p>
<p>3 <b>Public Holiday</b> 9:30 Chair Exercises <b>Court 7</b> 10:30 Bible Study Court 4 11:30 Individual Support 2:00 Craft 2:00 Ice Cream Trolley 4:30 Individual Support</p>	<p>4 <b>8:30 am BIG Breakfast</b> 10:30 Shopping Trip 11:00 Knitting 11:30 Individual Support 2:00 Bingo IGA shopping order 4:30 Individual Support</p>	<p>5 9:00 Hairdresser <b>10:30 am Marie Rose in Concert</b> 11:30 Individual Support 2:00 Cooking- Jam drops 4:30 Individual Support IGA deliveries</p>	<p>6 <b>12 pm BBQ Residents &amp; Staff</b> <b>Theme will be Football Jumpers</b> 2:00 Bingo 3:30 Sensory Time 4:30 Individual Support</p>	<p>7 9:00 Garden Walk <b>10:30 Anglican Church Service</b> 11:30 Individual Support <b>3:00 pm Happy Hour &amp; Octoberfest</b> 4:30 Individual Support</p>	<p>8 9:00 Gardening 11:30 Individual Support 2:00 Bingo 3:30 Pianola 3:30 Reading Group 4:30 Individual Support</p>	<p>9 9:00 Garden Walk &amp; Chat 10:30 Salvation Army Church Service 11:30 Individual Support 2:00 Men's Shed 3:30 Sensory Time 4:30 Individual Support</p>
<p>10 9:30 Chair Exercises <b>Court 2</b> 10:30 Bible Study Court 4 11:30 Individual Support <b>2:00 Residents &amp; Relatives meeting</b> 2:00 Ice Cream Trolley 4:30 Individual Support</p>	<p>11 <b>8:30 am BIG Breakfast</b> 10:30 Scenic Drive to the River 11:00 Knitting 11:30 Individual Support 2:00 Bingo IGA shopping order 4:30 Individual Support</p>	<p>12 9:00 Hairdresser 9:30 Garden Walk 11:30 Individual Support 2:00 Cooking-Pikelets 3:30 Sensory Time 4:30 Individual Support IGA deliveries</p>	<p>13 9:30 Exercise &amp; Quiz <b>10:00 High Morning Tea</b> 11:30 Individual Support 2:00 Bingo 3:30 Sensory Time 4:30 Individual Support</p>	<p>14 9:00 Garden Walk <b>10:30 White Board Games</b> 11:30 Individual Support <b>3:00 pm Happy Hour &amp; Virtual Concert</b> 4:30 Individual Support</p>	<p>15 9:00 Garden Walk 9:30 Pampering 11:30 Individual Support 2:00 Bingo 3:30 Reading Group 4:30 Individual Support</p>	<p>16 9:00 Garden Walk 10.30 Zoom Presbyterian Church Service 11:30 Individual Support 2:00 Virtual Concert in Theatre 4:30 Individual Support</p>
<p>17 9:30 Chair Exercises <b>Court 3</b> 10:30 Bible Study Court 4 11:30 Individual Support 1:30 Dining with Dignity in Court in 2 For Courts 1 &amp; 2 <b>1:30 Card Games with Linda from Each</b> 2:00 Ice Cream Trolley 4:30 Individual Support</p>	<p>18 <b>8:30 am BIG Breakfast</b> 10:30 Trip to Port Macquarie 11:00 Knitting 11:30 Individual Support 1:30 Dining with Dignity in Court 3 For Courts 3 &amp; 4 2:00 Bingo IGA shopping order 4:30 Individual Support</p>	<p>19 9:00 Hairdresser <b>10:30 am Marie Rose in Concert</b> 11:30 Individual Support 1:30 Dining with Dignity in Court 5 For Courts 5 &amp; 6 2:00 Cooking-Anzac Biscuits 3:30 Sensory Time 4:30 Individual Support IGA deliveries</p>	<p>20 9:30 Exercise &amp; Quiz <b>10:00 High Morning Tea</b> 11:30 Individual Support 1:30 Dining with Dignity in Court 8 For Courts 7 &amp; 8 2:00 Bingo 3:30 Sensory Time 4:30 Individual Support</p>	<p>21 9:00 Garden Walk <b>10:30 Anglican Church Service</b> 11:30 Individual Support <b>3:00 pm Happy Hour &amp; Virtual Concert</b> 4:30 Individual Support</p>	<p>22 9:00 Gardening 11:30 Individual Support 2:00 Bingo 3:30 Pianola 3:30 Reading Group 4:30 Individual Support</p>	<p>23 9:00 Garden Walk &amp; Chat 10:30 Salvation Army Church Service 11:30 Individual Support 2:00 Men's Shed 3:30 Sensory Time 4:30 Individual Support</p>
<p>24 9:30 Chair Exercises <b>Court 6</b> 10:30 Bible Study Court 4 11:30 Individual Support 2:00 Craft 2:00 Ice Cream Trolley 4:30 Individual Support</p>	<p>25 <b>8:30 am BIG Breakfast</b> 10:30 Scenic Drive 11:00 Knitting 11:30 Individual Support 2:00 Bingo IGA shopping order 4:30 Individual Support</p>	<p>26 9:00 Hairdresser 9:30 Garden Walk 11:30 Individual Support 2:00 Cooking- 3:30 Sensory Time 4:30 Individual Support IGA deliveries</p>	<p>27 9:30 Exercise &amp; Quiz <b>10:00 High Morning Tea</b> 11:30 Individual Support 2:00 Bingo 3:30 Sensory Time 4:30 Individual Support</p>	<p>28 9:00 Garden Walk <b>10:30 White Board Games</b> 11:30 Individual Support <b>3:00 pm Happy Hour &amp; Virtual Concert</b> 4:30 Individual Support</p>	<p>29 9:00 Garden Walk 9:30 Pampering 11:30 Individual Support 2:00 Bingo 3:30 Reading Group 4:30 Individual Support</p>	<p>30 9:00 Garden Walk 10.30 Zoom Presbyterian Church Service 11:30 Individual Support 2:00 Virtual Concert in Theatre 4:30 Individual Support</p>